2026 Anti-Doping Year End Update (Education, TUE's, Whereabouts failures/Missed tests)

World Sailing is the global governing body for the sport of sailing. As an international federation the sailors and support personnel within the target groups are global. We therefore anticipate that any Anti-Doping education will be delivered in English with translation into other languages if required.

Sailing is an Olympic Sport and has featured at every edition of the Olympic Games of the modern era. In Paris 2024, the events listed below took place. These events are all confirmed for inclusion at the next edition of the Olympic Games to be held in Los Angeles, USA in 2028:

Women's in the following Classes:

ILCA 6

49er FX

IQFoil

Formula Kite

Men's in the following Classes

ILCA 7

49er

IQFoil

Formula Kite

Mixed in the following Classes

Nacra 17

470

We have found that the majority of the sailing community is able to access education online and that in particular app based solutions are particularly welcomed and accessed.

Overall aims of the education programme

The use of doping substances or doping methods to enhance performance in sailing is fundamentally wrong and is detrimental to the values of World Sailing. The Aim of the World Sailing education programme is to promote positive values and ethical behaviours and to protect clean athletes and

preserve the spirit and integrity of sport. Integrity is one of the Values of World Sailing and one of the Goals of the organisation is to educate sailors on anti-doping and maintain Sailing's excellent record of zero positive tests at the Olympic Games.

The programme therefore involves educational activities which emphasise the development of an individual's personal values and principles, in order to build the learner's capacity to make decisions to behave ethically.

In accordance with the programme and learning objectives of the WADA curriculum we seek to ensure those who attend education:

Our Programme Objectives are linked to the learning objectives set out in the WADA curriculums - To summarise we seek to ensure those who attend education:

• Know and understand the principles and values associated with clean sport.

• Know and understand the Anti-Doping Charter of Athlete Rights.

• Know and understand what the principle of Strict Liability is.

• Know and understand the consequences of doping, for example, physical and mental health, social and economic effects, and sanctions.

• Know and understand the eleven (11) Anti-Doping Rule Violations (ADRVs).

• Know and understand the purpose, structure and substances/methods listed in the Prohibited List. Where to find the List and note that it is updated every year.

• Know and understand the risks of supplement use.

• Know and understand how to check the status of their medications.

• Know and understand the use of medications and whether such method is prohibited.

• Know and understand how to apply for a Therapeutic Use Exemptions (TUE).

• Know and understand the requirements of the Registered Testing Pool (RTP) and Testing Pool (TP) including whereabouts and the use of ADAMS.

• Know and understand how and where they can speak up to share concerns about doping.

• Know and understand the key steps of Doping Control and the rights and responsibilities of the Athlete during this process and the Athlete Biological Passport where relevant.

Target Groups

The Education Pool has been created following a risk assessment (updated in 2025), noting that sailing is a low risk sport, (Tier 2) and currently has no athletes sanctioned and returning into competition the focus has therefore be on any athletes new to the Registered Testing Pool (RTP) RTP = 19 Athletes) and the Testing Pool (TP) (TP = 13 Athletes), Para Classes (Athletes, Athlete support personnel & coaches competing in the Para Inclusive World Championships - approximately 200 persons) and Youth Classes (Athletes, Athlete support personnel, coaches, parents, carers or guardians for those attending Youth World Championships in Portugal but approximately 300-400 persons).

World Sailing uses staff within our organisation as educators. The Integrity Manager is an accredited UKAD Educator. The Integrity Manager and Legal Counsel work with and develop partnerships and contacts at various NADOs. We continue to maintain discussions with the ITA and other providers to partner to deliver further education. The RTP and TP athletes are nationals from countries where there are excellent NADO's (Eg CAN, GBR, FRA, NOR, SUI, ESP) it is therefore anticipated that many in the Olympic Classes will already have had some anti- doping education. We therefore target those new to the RTP or TP.

For each Youth Championships World Sailing installs and operates Anti-Doping an educational outreach booth and conducts a mandatory in person education session. We operate these in conjunction with the host NADO, WADA and/or trained staff and volunteers from World Sailing.

All athletes and support personnel that competed in Paris 2024 completed a compulsory online education course on the WADA e-learning platform (ADEL). In the past World Sailing has requested all athletes and support personnel to complete an online education course directly on the WADA e-learning platform (ADEL). We continue to request all RTP and TP athletes and those competing at our World Championships Events to complete this education if they have not already done so. We have also formally required all our Members to conduct education in cooperation with their respective NADO or any other organization.

When requiring persons under World Sailing jurisdiction to complete education programmes we will acknowledge the education programmes of other Signatories in order to avoid duplication of efforts. In order to do this, we request Team Leaders to collate certificates and self-certify to World Sailing that the relevant athletes, coaches and support personnel have completed a recognised education programme.

Specific education updates for 2026

We continue to utilise our own branded Anti-Doping banners at our outreach booths and education sessions.

We will attend the Sailing Youth World Championships in Vilamoura, Portugal in December 2026. We will deliver a mandatory Anti-Doping Session to the youth sailors competing in the championships and support staff. We will operate an educational/outreach booth in the expo area/race hotel.

We attended the Para Inclusive World Championships in Portugal in October 2026 and delivered an anti-doping session to the para sailors. We also handed out our educational z cards with anti-doping tips.

We continue to use our own branded materials to hand out at our outreach booth and anti doping sessions. They are printed in English and Spanish – See attached. We will possibly look at printing in French too in future.

The World Sailing Academy continues to be an excellent anti-doping educational resources, free for all of our stakeholders to access.

The WADA code is reviewed every six years. The existing 2021 version has recently been reviewed and the updated 2027 WADA code is now available and will apply from 1 January 2027. We have updated the World Sailing Anti Doping Rules to comply with the 2027 Code. Our updated rules have been approved by WADA and will go before Council for approval at the Annual Conference whereafter they will be published and apply from 1 January 2027. A circular will go out to all athletes and stakeholders highlighting the key changes for 2027.

TUE Applications

10 TUE Applications were made in 2026. All 10 applications were approved by the Medical Commission.

It is noticeable that an increase in applications arises close to our WS events, with a number of applications coming in pre Inclusion Worlds. We therefore anticipate that there may be a few more applications pre Youth Worlds in December.

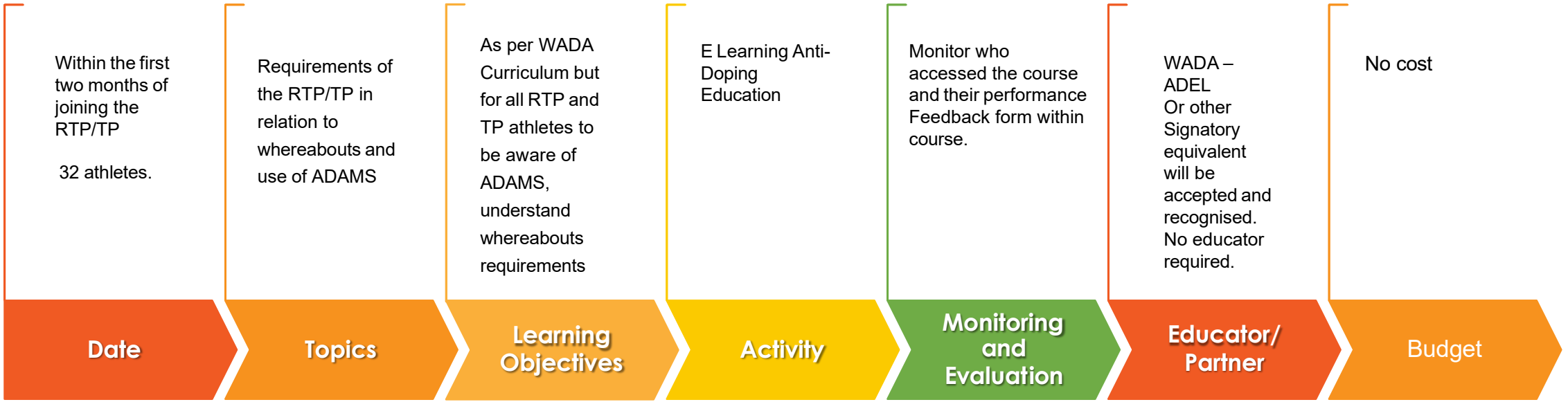
Whereabouts Filing Failures/Missed Tests

1st filing failures – 5

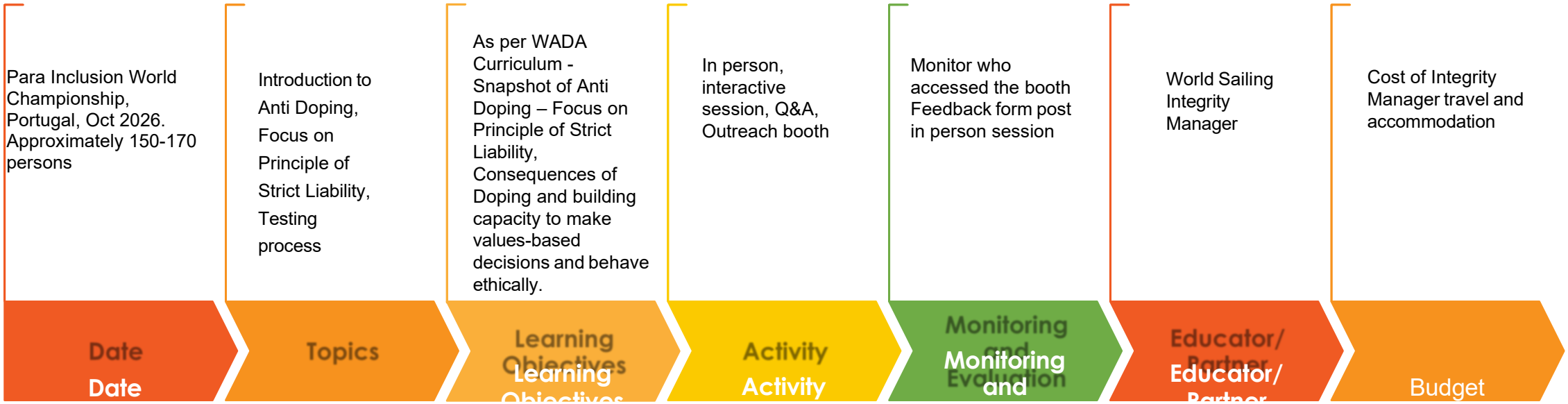
2nd filing failures – 2 (One of these has now elapsed, 1 is current until March 2027)

3rd filing failures – 0

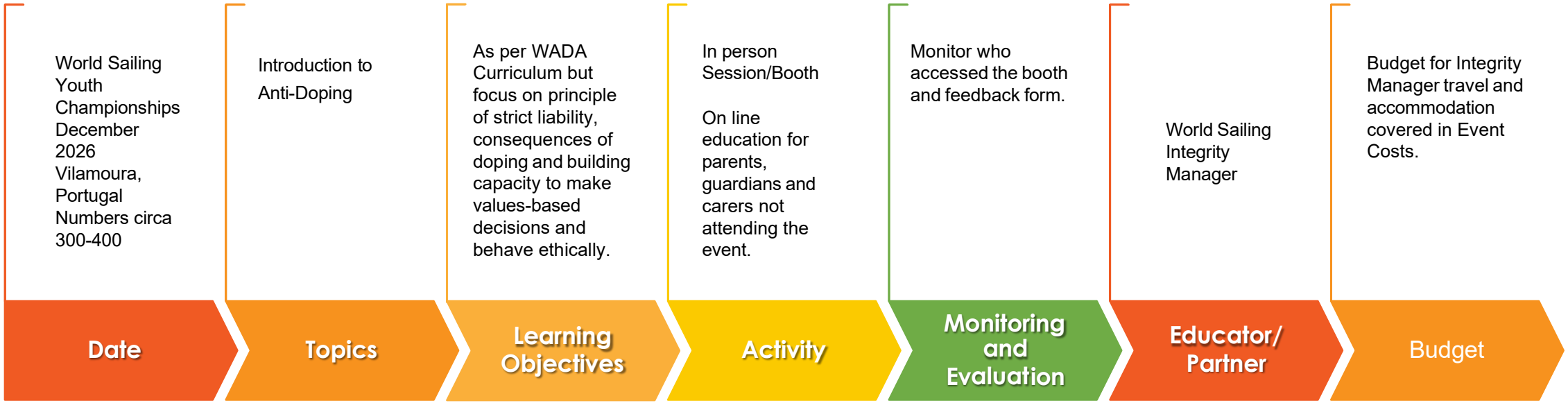
Athletes new to TP/RTP



Para Classes



Youth Athletes



Tips for clean sport



Questions?
Send us an email
medical@sailing.org

Further information
on our website
www.sailing.org

Our mission is to preserve the sport's core values of fairness, integrity, and equal opportunity. Our anti-doping campaign is not a mere formality, but a testament to our dedication to clean sport. Through rigorous testing and educational initiatives we send a clear message that we stand united against the use of prohibited substances in sailing.

#ISailPure



Meat in China and Mexico can be contaminated with clenbuterol. So be careful about eating meat in those countries.

#ISailPure

Herbal teas can contain cocaine in South American countries. Oops! So watch out for herbal tea. And you certainly shouldn't drink tea with 'Coca' in the name.



1 Check all your medicines

Medicines can contain prohibited substances. So always make sure you know what medicines you are taking, what is in them, and if they are allowed. Even if they are prescribed by a doctor. Your national anti-doping organisation can help you here. The Global DRO website is also a useful tool.

2 Apply for a therapeutic use exemption if necessary

Do you need to take medicines that contain prohibited substances? Then you can apply for a therapeutic use exemption from your national anti-doping organisation or your federation. That is the way to obtain official permission to use the medicine.

3 Be careful with nutritional supplements

Dietary supplements can contain prohibited substances. You can't always tell by reading the label because the supplement may have been contaminated. That applies to vitamin pills and protein shakes as well! Some countries have their own system - such as Informed Sport - to check dietary supplements for the presence of prohibited substances. Ask your national anti-doping organisation. In addition, you should always discuss the use of nutritional supplements with an expert, such as a sports dietician or a sports physician.

4 Never refuse a doping control

Have you been selected for a doping control? Then you have to cooperate at all times. Even if that's not convenient. Do you have any reservations about the doping control process? You should note them immediately on the doping control form.

5 Do not use drugs

Drugs such as cannabis, ecstasy and cocaine are forbidden in competition. So take care! Cannabis, for example, can still be found in your urine for up to one-month after use. And if it is still found during a doping control in competition, you will test positive!

6 Report anti-doping rule violations

Detecting doping is very important for clean sports. Your information can help! You can give confidential information about possible anti-doping rule violations on the ITA's Reveal Platform. You can also do that anonymously.

7 Fill in your whereabouts correctly

Do you have to provide whereabouts information? If you do then you should do that correctly, and on time. Make sure the information is always up to date and make sure you don't commit three whereabouts failures within a period of 12 months.

World Sailing

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