Medical Commission Meeting Agenda

The World Sailing Medical Commission will meet at Room 202, Qingdao International Conference Centre, China on Monday 16 November 2026 between 13h30 and 17h00

1. Opening of the Meeting
2. Minutes
3. Anti-Doping Reports
4. Eligibility of Female Category
5. Safety
6. Formula Kite Weight
7. CMO assignment for major events
8. Olympic Games & World Champs
9. Water Quality Standards
10. Quick Release Footstrap
11. Para Sailing
12. Safeguarding
13. Recommendations
14. Any Other Business.

1. Opening of the Meeting

a. Welcome from the Chair and Opening Remarks

b. Apologies for Absence

To note any apologies for absence.

c. Declaration of Interests

2. Minutes

a. Committee Minutes

To note the minutes of the meeting held 4th November 2025.

b. To note any matters approved by way of circular resolution.

c. Matters Arising

To consider any matters arising from the Minutes not covered elsewhere in the agenda.

3. Anti- Doping Reports

a. Testing Report 2026 (Including Adverse Analytical Findings / Atypical Findings/ Missed Tests/TUE applications and whereabouts filing failures)

b. Education Report 2026

c. Testing and Education Plan for 2027

d. 2027 World Sailing Anti-Doping Rules

4. **Policy for Eligibility of Female Category at the Olympic Games**

a. To receive a report from Working Party Members (SP, NN, JA,GS)

b. To nominate MC member to Review Panel

5. Safety

a. To receive a report from Safety Commission representative Carmen Vaz Pardel

b. To update on Medical Recommendations for High Risk Sailing Events

c. To discuss other injury considerations

6. Formula Kite Weight

a. Update on any further reports studies in addition to Dayla Novot's report in 2025

7. CMO assignment for major events

a. To discuss CMO assignment for major events

8. Olympic Games & World Championships

a. To consider any updates
9. <u>Change of definitions for the primary and secondary contact in WS Water Quality Standards</u> a. Update from WS office on implementation of new definitions
10. <u>Quick-release footstrap Update</u>
11. <u>Para World Sailing Committee</u> a. Update and Report from para events.
12. <u>Safeguarding</u> a. Safeguarding Report
13. <u>Recommendations</u> To consider any recommendations the Medical Commission would like to make to the Board, Council or Executive.
14. <u>Any Other Business</u> a. Updates from Medical Commission members on their respective participation in different working parties b. Validation study – Sailing Specific Conditioning Exercises c. Medical Commission Work Plan
15. Closing Remarks and Thanks