



Gdynia 2026 World Sailing Championships Test Event

14 – 19 July 2026

SAILING INSTRUCTIONS (SIs)

Version 12 July 2026

Change Log:

Amendment 1, 12 July 2026	Addendum A

First published, 6 July 2026

1. RULES

- 1.1. Additional Rules referenced in the Notice of Race (NOR) or Sailing Instructions (SI) will be published on the regatta website. [World Sailing - Notice Board](#)
- 1.2. The regatta is governed by the rules as defined in *The 2025-2028 Racing Rules of Sailing* (RRS). Other documents under RRS Definition Rule (g) are listed in Notice of Race item 1.
- 1.3. For the Skiffs Finals, World Sailing Appendix MR, Umpired Medal Racing will apply and changes a number of rules. The latest version can be found on the World Sailing website([Appendix-MR-Umpired-Medal-Racing_v2025.pdf](#)) and will be published on the Official Notice Board.
- 1.4. Addendum M of the Sailing Instructions includes changes to the Sailing Instructions for Finals.
- 1.5. For Skiffs Addendum D of the Sailing Instructions ARMS will apply.

2. SAFETY REGULATIONS

- 2.1. RRS 40.1 applies at all times while afloat.
- 2.2. Competitors not leaving shore for a scheduled race shall promptly notify the Race Office.
- 2.3. **[SP]** During the Qualification Series before leaving shore, athletes shall sign-out at their check point within their assigned boat park or beach. Athletes may sign out from 2 hours before the scheduled time of their first warning signal of the day.
- 2.4. **[SP]** During the Qualification Series, on returning to shore, athletes shall sign-in at their check point within the protest time limit.
- 2.5. **[DP]** A boat that retires from racing shall notify the Race Committee before leaving the race area if possible and shall submit a retirement declaration form as soon as possible after returning ashore.
- 2.6. Trackers collection process:
 - 2.6.1. **[SP]** The trackers shall be collected at the sign-out procedure from the check point on the day stated on that notice.
 - 2.6.2. **[SP]** The trackers shall be returned to the check point after racing as follows:
 - a) within the protest time limit on the last Qualification series day by competitors that did not qualify to the Finals.
 - b) within one hour after the last Final race is completed by competitors that did qualify to the Finals.

3. **[DP]** CODE OF CONDUCT

- 3.1. Athletes and support persons shall:
 - 3.1.1. comply with any reasonable request from a regatta official;
 - 3.1.2. handle any boats and equipment provided by the Organizing Authority with proper care and seamanship, without interfering with its functionality, and in compliance with the WSC Gdynia Test Event Equipment Regulations; and
 - 3.1.3. not in any way interfere with the functionality of supplied media or timing equipment.
- 3.2. Boats not racing shall avoid the area where boats are racing and stay clear of any official vessel.

4. COMMUNICATION WITH ATHLETES

- 4.1. Notices will be posted on the Online Notice Board (ONB): [World Sailing - Notice Board](#)
- 4.2. An online system, "SailorAPP" will enable paperless submissions of hearing requests, scoring enquiries and declarations and will be accessible through the Online Notice Board. As a back-up, hearing requests and other paper forms will be found at and shall be delivered to the Race Office.
- 4.3. Signals ashore will be displayed from the flagpole located: on top of the race office.
- 4.4. Flag L will only be displayed ashore when a notice affecting that day's racing is posted which:
 - 4.4.1. Makes a change of race area;
 - 4.4.2. Makes a change of warning signal time; or

4.4.3. Changes a Sailing Instruction

- 4.5. When flag AP is displayed ashore, '1 minute' is replaced with the times in minutes shown below in the Race Signal AP

Event	Race Signal AP not less than (minutes) Or Minutes after flag D is displayed
Men's and Women's Skiff	30

- 4.6. **[DP]** When flags AP over H or N over H are displayed from a Race Committee vessel, all boats in that race area shall immediately return ashore and shall wait there for further signals. (This changes Race Signals AP over H and N over H.)

[SP] [NP] A boat shall not go afloat until flag D is displayed ashore for her event. The warning signal will be made not less than the time in minutes shown in the table in Sailing Instruction 4.5 after flag D is displayed or not before the scheduled time, whichever is later.

5. CHANGES TO SAILING INSTRUCTIONS

- 5.1. Except for changes to Addendum B: Competition Schedule, changes to the Sailing Instructions will be posted either:
- 5.1.1. No later than 2 hours before the scheduled time of the first race affected; or
 - 5.1.2. No later than 15 minutes before Flag AP is removed ashore for a race that is affected.

6. RACE AREAS

- 6.1. Race areas are shown in Notice of Race Addendum 3.
- 6.2. For the Finals, more than one race area may be used. The locations will be posted on the Official Notice Board in accordance with Sailing Instruction 5.1.

7. SCHEDULE OF RACES AND RACE AREA ASSIGNMENTS

- 7.1. The race schedule, including the time of the first warning signals and assignment of Events to race areas, is shown in Sailing Instruction Addendum B.
- 7.2. The Race Committee will post an update to Sailing Instruction Addendum B daily, no later than 21.00 the previous evening.
- 7.3. The Race Committee may reassign an Event to any race area no later than 2 hours before the scheduled starting signal. However:
- 7.3.1. when flag AP is displayed ashore, the race area may be changed by posting a notice until 15 minutes before the AP is removed; and
 - 7.3.2. when flag AP is displayed afloat, the race area may be changed. The Race Committee will display flag L over the Event(s) flag and move to the new race area.
- 7.4. If necessary, the Race Committee will use the Finals day to complete a Qualification series race.
- 7.5. A minimum of 3 races in Qualification series shall be completed to progress to Finals.
- 7.6. Finals will not be scheduled on the same day as Qualification series races for that Event.

8. COURSES

- 8.1. The diagrams in Sailing Instruction Addendum C show the courses, the course designations, the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 8.2. No later than the warning signal, the Race Committee starting vessel will display the course signal and the approximate compass bearing of the first leg.

9. MARKS

9.1. Course Marks will be as follows:

Event	Men's and Women's Skiff
1, 4S/4P	Yellow cylinder
New Mark	Red cone
Start	RC vessels
Finish	RC vessel and thin red cylinder

9.2. If a gate mark is missing and has not been replaced with an object displaying Flag M, the remaining mark shall be rounded to port.

10. EVENT FLAGS

10.1. Event flags will be the text and background as defined in the table below:

Event	Text	Background Colour
Men's Skiff	49er	yellow
Women's Skiff	49erFX	yellow

11. THE START

11.1. The starting line will be between a staff displaying an orange 'start' flag on the Race Committee vessel and the course side of the other starting mark either:

11.1.1. The course side of the other starting mark, or

11.1.2. A staff displaying an orange flag on a Race Committee vessel which is the other starting mark.

11.2. **[DP]** When a starting sequence is in progress, boats whose warning signal has not been made shall avoid the starting area. The starting area is defined as the area 75 meters from the starting line and marks in all directions.

11.3. RRS 26 and Preparatory Signals in Race Signals are deleted. Races will be started using the following signals. Times shall be taken from the display of visual signals and the absence of a sound signal shall be disregarded. This changes RRS 26 and Race Signals.

Qualification Series:

Minutes before starting signal	Visual signal displayed	Visual signal removed	Sound signal	Means
7+	Orange starting line flag		One	Attention signal race will start soon.
6	Event flag		No sound	Event to start
	P, or starting penalty if required (U, or Black flag)			Starting Penalty P = None
5	White flag with number 5		1	Warning signal
4	Blue flag with number 4	White flag	1	Preparatory signal
3	Pink flag with number 3	Blue flag	1	3 minutes
2	Red flag with number 2	Pink flag	1	2 minutes
1	Yellow flag with number 1	Red flag	1 long	1 minute
0	Green flag	Yellow flag	1	Starting signal
-1		Green flag, Event flag	No sound	
		P, U or Black flag		

- 11.4. The warning signal for each succeeding race will be made as soon as practicable.

12. COURSE CHANGES

- 12.1. To change the next leg of the course, the Race Committee will

12.1.1. move the original mark, or lay a new mark;

12.1.2. move the finishing line, or

12.1.3. move the leeward gate.

- 12.2. When a new mark is laid, the original mark will be removed as soon as possible. When in a subsequent change a new mark is replaced, it will be replaced by the original mark.

13. THE FINISH

- 13.1 The finishing line will be between a staff displaying a blue flag on the Race Committee vessel and **the course side of the nearby finishing mark.**

either:

13.1.1. the course side of the nearby blue finishing mark, or

13.1.2. a staff displaying a blue flag on the nearby Race Committee vessel.

14. TIME LIMITS AND TARGET TIMES

14.1. For Qualification Series races, time limits and target times in minutes are as follows:

Event	Time Limit	Mark 1 Time Limit	Finish Window	Target Time
Skiffs	45	15	10	25

14.2. For Finals races, time limits and target times in minutes are as follows:

Event	Time Limit	Mark 1 Time Limit	Finish Window	Target Time
Skiffs	23	8	6	15

14.3. If no boat passes Mark 1 before the Mark 1 Time Limit the race will be abandoned.

14.4. Boats failing to finish within the time stated in the Finish Window after the first boat sails the course will be scored Did Not Finish. This changes RRS 35, A4 and A5.1 and A5.2

14.5. Failure to meet the Target Time will not be grounds for redress. This changes RRS 61.4.(b)

15. EQUIPMENT AND EQUIPMENT INSPECTION

See 'Equipment Regulations'

16. OFFICIAL VESSELS

16.1. Official Vessels will be marked as follows:

Vessel	Flag
Competition Management (Race Committee)	White flag with 'CHARLIE'
Technical Committee	White flag with 'Measurer'
International Jury	White flag with 'Jury'
Media	White flag with 'Press'
VIP	White flag with 'VIP'
Principal Race Officer	White flag with 'PRO'
Safety	White flag with 'Rescue'

16.2. A boat shall not request redress due to the actions by any official vessel, drone or helicopter. This changes RRS 61.1(a).

17. SUPPLIED EQUIPMENT

Not used.

18. FORMAT AND SCORING

18.1. The format consists of a Qualification series and Finals.

18.2. The Low Point System of RRS Appendix A will apply.

18.3. One race is required to be completed to constitute a regatta for each Event.

A boat starting later than: **4 minutes** after her starting signal will be scored Did Not Start. This changes RRS A5 and A4.

18.4. RRS A5.2 is changed so that those scores are based on:

18.4.1. The number of boats assigned to compete in the Qualification series,

18.4.2. The number of boats assigned to the Finals.

19. FORMAT AND SCORING – MEN’S AND WOMEN’S SKIFFS EVENTS

19.1.

Event	Format	Number of Qualification Series Races
Men's Skiff Women's Skiff	Qualification series + Finals	9

19.2. When fewer than 3 qualification series races have been completed, a boat's Qualification series score will be the total of her Qualification series race scores. When 3 or more qualification series races have been completed, a boat's Qualification series score will be the total of her Qualification series race scores excluding her worst score. However, the score from Finals will not be excluded.

19.3. Initial assignments to the Finals will be based on the ranking available at 2000 the day before the Finals. Any changes to the initial assignments will be posted no later than 0800 on the day of the Finals. The international jury may extend these time limits.

19.4. FINALS

19.4.1. The Finals will consist of TWO races, F1 and F2.

19.4.2. The first ten boats ranked in the Qualification Series will advance to the Finals.

19.4.3. A boat assigned to compete in the Finals shall make a genuine effort to sail the course in both races F1 and F2. The penalty for a breach of this sailing instruction will be ranking the boat tenth in the regatta. If there are 2 such boats, they will be ranked ninth and tenth, in order of their Qualification Series ranks, and so on. This changes RRS A2, A5.1 and A5.2.

19.4.4. The Qualification Series Score will be adjusted as stated in SI 19.4.8 and then carried forward into the Finals.

19.4.5. The overall series score for a boat assigned to the Finals will be the total of her adjusted Qualification Series score and her scores of races F1 and F2. A score from a Finals race will not be excluded.

19.4.6. For boats assigned to compete in the Finals, ties will be broken applying RRS A8 to races F1 and F2. If a tie remains between two or more boats, it will be broken in favour of the boat which was ranked higher in the Qualification Series. This changes RRS A8.

19.4.7. The boats competing in the Finals shall be ranked highest in the regatta. This may not apply to a boat penalised under RRS 6 or 69. This changes RRS A5.1 and A5.2.

19.4.8. Boats assigned to compete in the Final Series will have their Qualification Series score adjusted as follows:

- When the scoring difference between two boats is greater than 9 points, the score of the lower placed boat will be reduced so that the difference with the boat ahead of her is 9 points.
- When the scoring difference between two boats is less than or equal to 9 points and the score of the boat ahead has been changed, the points difference is maintained by adjusting the lower placed boat's score
- If after applying SI 19.4.8(a) the score of any boat is greater than 18 points more than the score of the boat in third place, the score of such a boat will be changed so that the difference is 18 points.
- If after applying SI 19.4.8(a) and SI 19.4.8(b) there is a tie between two or more boats, it shall be broken by their rank in the Qualification Series.

20. PROTESTS, PENALTIES AND REQUESTS FOR HEARING REQUESTS AND PENALTIES

20.1. Protests and requests shall be lodged electronically via the form available on the Official Notice Board within the appropriate time limit. Submissions into this system will be considered as delivered to the Race Office. Once delivered, a hearing will be automatically listed on the list of pending hearings. If this does not show, then the protest/request has not been received.

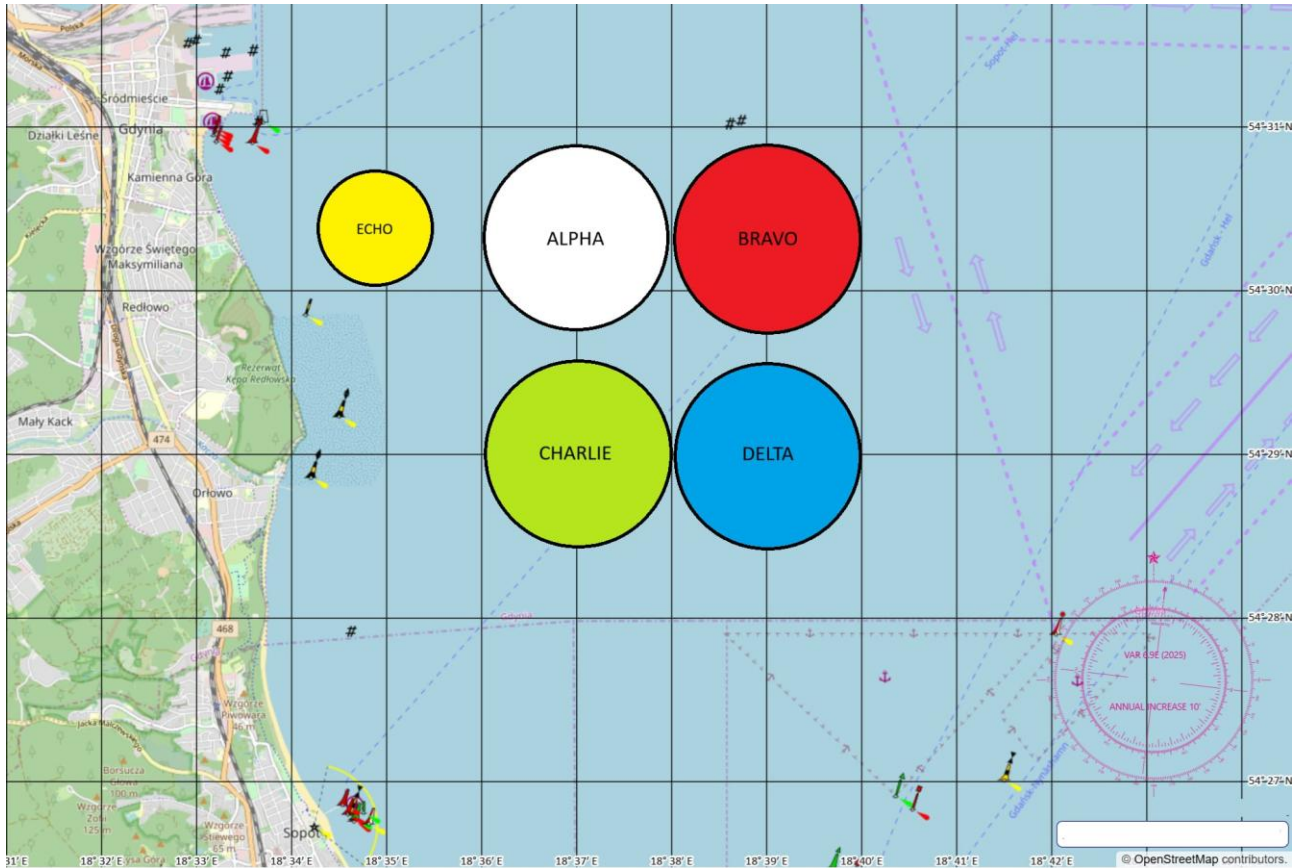
20.2. The protest time limit for each Event is 60 minutes after either:

20.2.1. the last boat in the fleet has finished the last race of the day, or

- 20.2.2. the Race Committee signals no more racing today for that Event, whichever is the later.
- 20.3. A request for redress based on an incident identified in a scoring enquiry will meet the time limit if:
- 20.3.1. the scoring enquiry was submitted online within the time limit specified in RRS 61.2 (b) as changed by Sailing Instruction 20.2; and
- 20.3.2. the request for redress was submitted online as soon as reasonably possible after being notified of the Race Committee's response to the scoring enquiry. The response by the Race Committee may be notified in writing or through the online system. This changes RRS 61.2 (b).
- 20.4. Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the stated room beginning at the time posted. Hearings may be scheduled to begin up to 30 minutes before the protest time limit.
- 20.5. A list of boats that have been penalized under Appendix P for breaking RRS 42 and under SI 20.8 will be posted.
- 20.6. Penalties for breaches of the class rules, RRS 50.1, RRS 78 or rules in the Notice of Race and Sailing Instructions marked [DP], or [SP] should the case go to a hearing, are at the discretion of the International Jury and may be less than disqualification.
- 20.7. Breaches of rules in the Notice of Race and Sailing Instructions marked [NP] shall not be grounds for a protest by a boat. This changes RRS 60.1
- 20.8. For breaches of a rule marked [SP], or listed in the list of standard penalties, the Race Committee or Technical Committee may apply a standard penalty without a hearing or a discretionary penalty may be applied by the International Jury with a hearing. A list of these breaches and the associated standard penalties will be posted on the Official Notice Board. However, the Race Committee or Technical Committee may protest a boat if it considers a standard penalty is inappropriate. A boat that has been penalised with a standard penalty shall neither be protested by another boat for the same incident nor can another boat request redress for this committee action. This changes RRS 60.1, 60.5, 61.1 and A5.1 and A5.2.
- 20.9. When a penalty is given under Sailing Instruction 20.6 or 20.8 before a race is started, the penalty will remain if that race is restarted or resailed. This changes RRS 36.
- 20.10. In RRS 61.2(b)(2) and 63.7(b) change 'the last scheduled day of racing' to 'on the last scheduled day of the qualification series for each Event'.
- 20.11. Any penalty or score adjustment imposed on the day of the Finals before boats go afloat will be notified by a notice in the launching area before flag D is displayed for that Event, or by a notice posted on the Race Committee vessel displaying flag L.

Sailing Instruction Addendum A

Race Areas



Sailing Instruction Addendum B

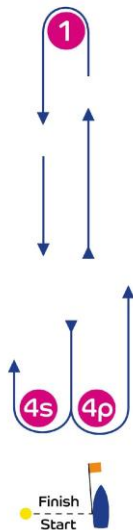
Competition Schedule

		16 July 2026		17 July 2026		18 July 2026		19 July 2026	
		Race Area Warning Signal	#	Race Area Warning Signal	#	Race Area Warning Signal	#	Race Area Warning Signal	#
Men's Skiff	49er	Charlie	3	TBA	3	TBA	3	TBA	Finals
		13.30		11.00		13.30		TBA	
Women's Skiff	49er FX	Charlie	3	TBA	3	TBA	3	TBA	Finals
		11.00		13.30		11.00		TBA	

Sailing Instruction Addendum C

Course Diagrams

L



Course: Windward/Leeward

Signal	Mark Rounding Order
L2	Start - 1 - 4s/4p - 1 - Finish
L3	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - Finish
L4	Start - 1 - 4s/4p - 1 - 4s/4p - 1 - 4s/4p - 1 - Finish

[NP] [DP] Sailing Instruction Addendum D

“ARMS”

Rules and Instructions for use of World Sailing recognized Augmented Race Management System (ARMS)

1 On each boat, the ARMS device and its mounting system shall:

1.1 be installed in the position specified by this SI Addendum or the organizing authority.

1.2 comply with any configuration, calibration, firmware or operational requirements specified by this SI Addendum or the OA.

2 Boats may bring their own ARMS device and mounting system.

3 The mounting bracket, cradle, or attachment system shall be installed as follows:

3.1 No part of the ARMS device shall be:

3.1.1 farther aft than 96 cm in front of the lower forward mid-point of the jib track (see picture), and

3.1.2 farther to port than 10 cm from the centreline

3.1.3 farther to starboard than 35 cm from the centreline



3.2 The ARMS devices shall be positioned vertically and square to the boat, with devices no more than 30 degrees away from vertical and no more than 1 degree from square.

3.3 Other electronic devices shall not be within 20 cm of the ARMS device.

4 Boats shall not move, modify, disable, remove or interfere with the ARMS device or its mounting system except as instructed by the organizing authority and shall promptly notify the race committee on the water or ashore of any ARMS device issues.

5 Prior to the warning signal of her first race each day, each boat shall check-in the ARMS device with the race committee signal vessel in the starting area.

6 The ARMS device will be used by the race committee for race management and officiating functions, unless SI Addendum 'ARMS' 7 applies; 6.1 The official time of the start shall be the time provided by the ARMS device. This changes RRS 26.

6.2 A boat may be identified by the ARMS device when, at her starting signal, any part of her hull is on the course side of the starting line.

6.3 Flag X will not be displayed, and no sound signal will be made. This changes RRS 29.1.

7 If the race committee vessel displays flag W with a long sound signal before the warning signal of a race, SI Addendum 'ARMS' 6 will not apply to that race.

8 If the race committee displays flag Q with a long sound signal before the warning signal of a race, boats shall restart their ARMS device following the instructions provided by the organizing authority.

9 Alleged failure, inaccuracy or malfunction of the ARMS device or ARMS system will not be grounds for requesting redress. This changes RRS 61.1(a).

10 If firmware updates to the ARMS devices are required between scheduled race days, a notice will be published on the official notice board.

11 When instruction 2 of SI Addendum D includes more than one ARMS device and the different ARMS devices display different information, for the purpose of RRS 41, the information displayed by the ARMS devices shall be considered information freely available to all boats.

Sailing Instruction Addendum M

Finals

M1 Sailing Instructions

M1.1 Delete SI 11.4 and replace with:

RRS 26 and Preparatory Signals in Race Signals are deleted. Races will be started using the following signals. Times shall be taken from the display of visual signals. This changes RRS 26, Race Signals.

<i>Minutes before starting signal</i>	<i>Visual signal displayed</i>	<i>Visual signal removed</i>	<i>Sound signal</i>	<i>Means</i>
4	Event flag		No sound	Event to start
	P, U, or Black flag			Starting Penalty P = None
3	Pink flag with number 3		1	Warning Signal
2	Red flag with number 2	Pink flag	1	Preparatory Signal
1	Yellow flag with number 1	Red flag	1 long	1 minute
0	Green flag	Yellow flag	1	Starting Signal
+1		Green flag, Event flag, P, U or Black flag	No sound	

M1.2 Delete Sailing Instruction 4.1 and replace with:

“Notices to competitors will be posted on either:

M1.2.1 the Official Notice Board before Flag D is displayed, or

M1.2.2 the Race Committee starting vessel, after Flag D is displayed.”

M3 Delete SI 4.5 and exchange with:

When flag AP is displayed ashore, ‘1 minute’ is replaced with the times in minutes shown below in the Race Signal AP:

Event	Race Signal AP not less than (minutes) Or Minutes after flag D is displayed
Men's and Women's Skiffs	20