



Completing the Para Sailing Medical Diagnostics Form (MDF)

What is the MDF?

- ❖ The MDF is a form designed to describe the nature of the athlete's impairment alongside its scale and degree of impact on the Athlete and their Para Sailing Function.
- ❖ There are two sections to the MDF.
 - ❖ Section 1 is about Athlete information, to be completed by the National Federation or Athlete.
 - ❖ It should then be given to a Medical Doctor familiar with the Athlete. They should complete Section 2.
 - ❖ Once the MDF is complete, it should be returned to the MNA who will submit it to World Sailing for review.

Filling out the MDF

- ❖ Where possible, the MDF should be **typewritten**.
- ❖ It should be saved using the following naming convention ATHLETENAME_NPCCODE
- ❖ The form itself is a fillable PDF, usable with all PDF readers, if this is not possible it may be printed and handwritten.

Section 1

- ❖ This section should be completed by the National Federation or the Athlete before being sent to the Medical Doctor.



Medical Diagnostic Form for ALL Athletes

To be eligible for Para Sailing an athlete must have an Underlying Health Condition (UHC) that results in a Permanent and Eligible Impairment (as per the International Paralympic Committee's list of Eligible Impairments).

The measurement of impairment conducted during the classification process must correspond to the diagnosis indicated below.

Completed forms and relevant Medical Diagnostic Information must be uploaded to the athlete's Para Sailing Classification Hub application upon registration of the athlete to the system by their MNA.

World Sailing holds the right to request further information, if additional information is required. The athlete will not be able to undergo classification, until such time as the requested information is provided.

If possible, please fill out this form ELECTRONICALLY

Section 1: Athlete Information (To be Completed by the MNA or Athlete)

Family name: _____

Given name: _____

Date of Birth: _____

Nationality: _____

Section 2 Q1

- ❖ This section should be completed by the Medical Practitioner.
- ❖ Question 1 is about the Athlete's Medical Diagnosis. This space should be used for describing in detail the nature of the Athlete's pathology.



Section 2: Medical Information (To be completed by a medical practitioner)

1. Athlete's Medical Diagnosis (Health Condition):

A large, empty rectangular box with a thin black border, intended for a medical practitioner to write the athlete's medical diagnosis or health condition.

Section 2 Q2

❖ Question 2 is asking which IPC recognised Eligible Impairments apply to the Athlete.

❖ The nature of the Athlete's impairment may mean they fit several Eligible Impairments. Please select ALL that apply.

❖ For a further explanation of Eligible Impairments please read the published explanation on the World Sailing, or the International Paralympic Committee's website.



2. Eligible Impairment (Click/Fill Box all Eligible Impairments that Apply)

- ☐ Impaired Muscle Power
- ☐ Impaired ROM
- ☐ Limb deficiency resulting from amputation or congenital condition
- ☐ Short stature
- ☐ Hypertonia
- ☐ Ataxia
- ☐ Athetosis
- ☐ Dyskinesia
- ☐ Leg Length Difference
- ☐ Visual Impairment
- ☐ Intellectual Impairment

Section 2 Q3 & 4

- ❖ Question 3 asks to describe the impairment's effect on the body, and the limitations the Impairment poses in day-to-day life.
- ❖ Question 4 is about supporting documentation. Any supporting documentation should be sent to the Athlete and their National Federation to support this MDF.



3. Include a description of the body parts affected and limitations: (max. 500 characters)

4. Documents supporting diagnosis:
 - a. Please upload relevant documentation via the online Classification Hub Platform. This documentation includes but is not limited to x-rays, medical reports, ASIA scores, etc.)

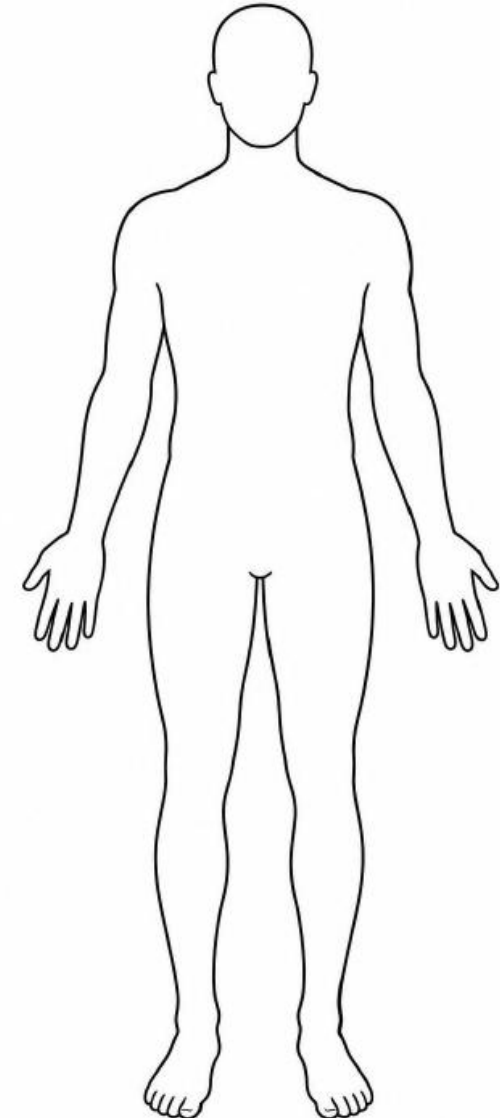
Section 2 Q5

- ❖ Question 5 is a schematic body diagram. It asks you to circle the areas of the body where the Impairment has an effect.
 - ❖ For instance: for an Athlete with Lower Limb Deficiency, you would circle the Limb effected.
- ❖ This helps indicate to the Classifiers the breadth of impact the Impairment has on the Athlete. If this is not relevant to the Athlete, please leave this area blank.

5. Schematic Body Diagram

- Please circle the areas of the body on the diagram below where the Impairment has an effect.

NOTE: This is intended as a general guide, if this diagram is not relevant to the Athlete, please this section blank.



Medical History

❖ This section is specifically about the history of the Athlete's condition and Pathology.

❖ It asks questions of:

- ❖ Condition
- ❖ Age of Onset
- ❖ Past Surgical Treatments
- ❖ Anticipated Future Surgical Treatments
- ❖ Current Medication Routine
- ❖ Intended Future Medication Routine



Medical History:

1. Athlete condition is:

- ☐ Stable
- ☐ Progressive
- ☐ Fluctuating
- ☐ Permanent

2. Age of onset: _____

If the condition is Congenital, please mark it using the box below.

☐ Congenital

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3. Past surgical treatments (max. 500 characters):

4. Anticipated future surgical treatments (max. 500 characters):

Physician Declaration & Practice Details

- ❖ This section asks the Medical Doctor to provide details of themselves, as well as signing that the information contained within the MDF is accurate.



Medical History:

1. Athlete condition is:
☐ Stable
☐ Progressive
☐ Fluctuating
☐ Permanent

2. Age of onset: _____
If the condition is Congenital, please mark it using the box below.
☐ Congenital

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3. Past surgical treatments (max. 500 characters):

4. Anticipated future surgical treatments (max. 500 characters):

Thank you!

- ❖ Congratulations! Now the MDF is complete. This should be returned alongside any supporting Medical documentation to the National Federation.
- ❖ The National Federation will then send the application to World Sailing, who will be in contact regarding status. If all necessary detail is complete, an Underlying Health Condition Assessor Panel will be convened.
- ❖ If you have any questions, or require guidance, please email Para.Classification@sailing.org.

A dramatic seascape with a stormy sky and churning water. The sky is filled with dark, heavy clouds, with a bright light source breaking through in the upper right, creating a strong contrast. The water is dark and turbulent, with white foam from the boat's wake in the foreground.

sport / nature / technology



World Sailing