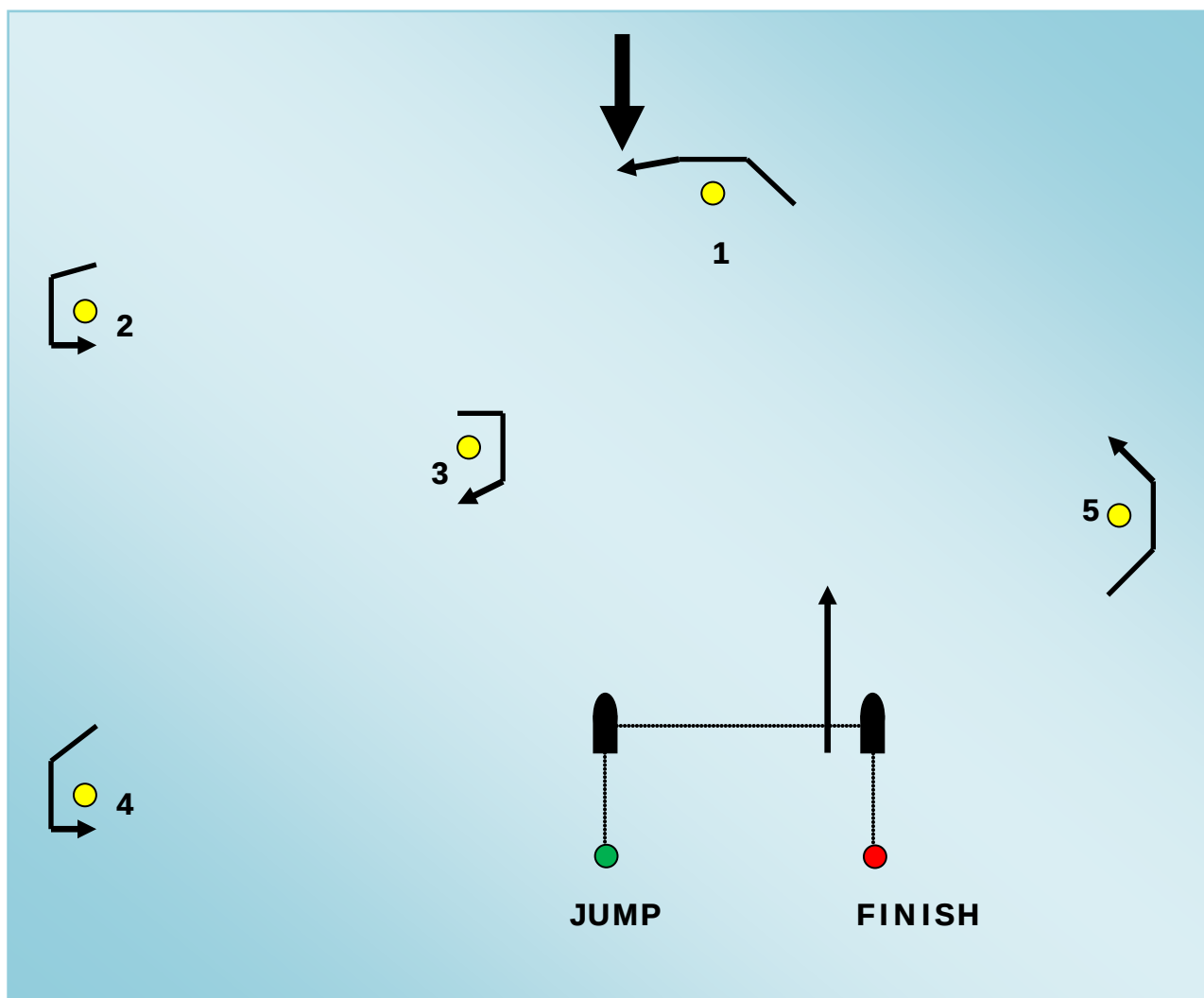


COURSE DIAGRAM ENDURO OPTION 1



**COURSE: START – 1 – 2 – 3! – 4 – JUMP – 5 –
1 - 2 – 3! – 4 – JUMP - FINISH**

Upwind leg 150-200m.

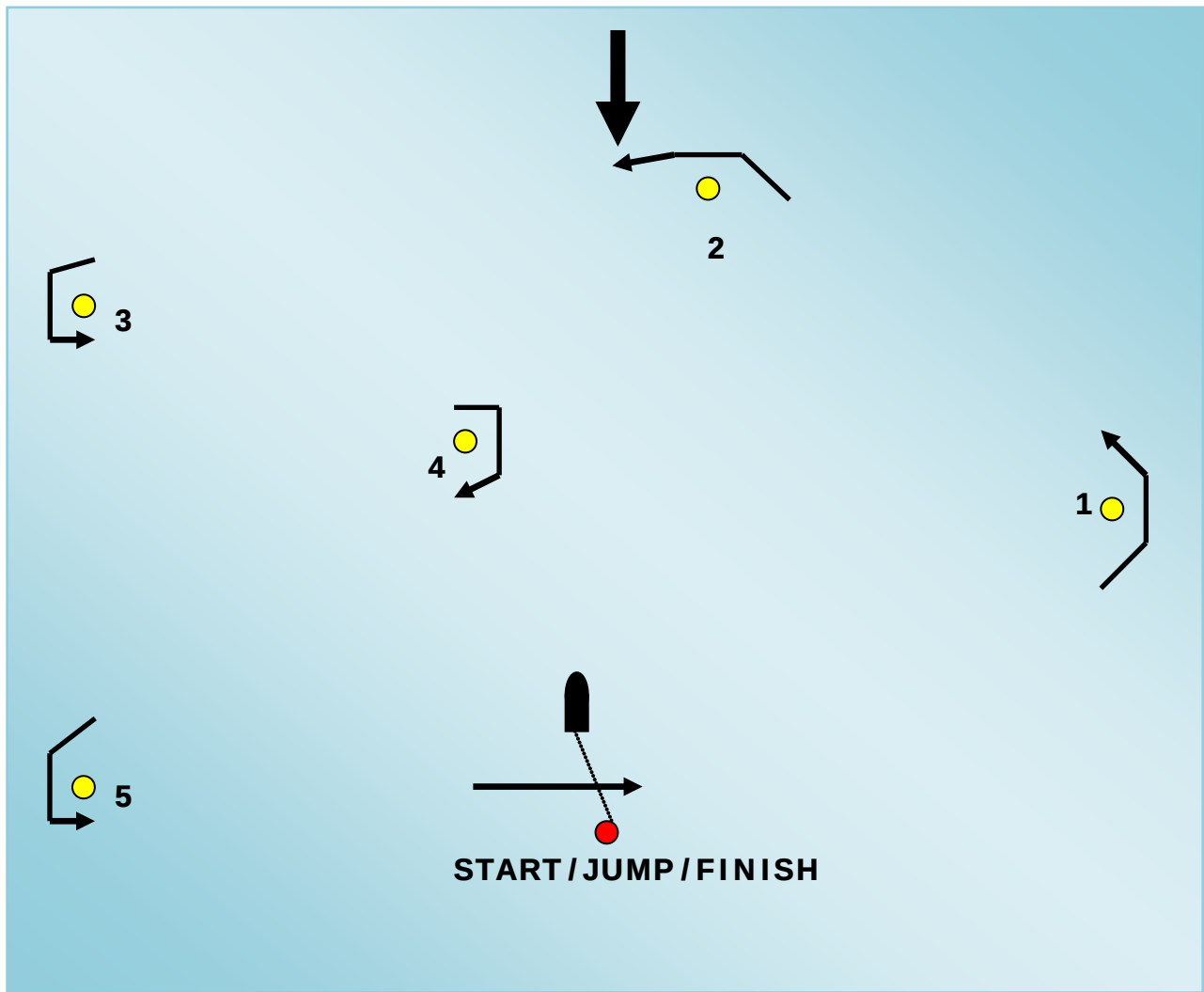
Run in Heats of 4 to 8 sailors each, with the top 50% advancing to the next round.

Should be run close to shore / off the beach
May be run in small ponds / lakes

Target time: 5 minutes

May also include multiple laps with the last one dropping out after each round.

COURSE DIAGRAM ENDURO OPTION 2



**COURSE: START – 1 – 2 – 3 – 4! – 5 – JUMP –
1 – 2 – 3 – 4 – 5- FINISH**

Upwind leg 150-200m.

Run in Heats of 4 to 8 sailors each, with the top 50% advancing to the next round.

Should be run close to shore / off the beach
May be run in small ponds / lakes

Target time: 5 minutes

May also include multiple laps with the last one dropping out after each round.

Elimination System 16 Sailors

Daily Schedule - Example

Heat Number				
Day 1	Qualifying Round			
	1	Draw Nr. 1	Draw Nr. 8	Draw Nr. 9
	2	Draw Nr. 2	Draw Nr. 7	Draw Nr. 10
	3	Draw Nr. 3	Draw Nr. 6	Draw Nr. 11
	4	Draw Nr. 4	Draw Nr. 5	Draw Nr. 12
	Losers Consolidation Round (LCR)			
	5	3rd Heat 1	3rd Heat 3	4th Heat 2
	6	3rd Heat 2	3rd Heat 4	4th Heat 1
	Winners Consolidation Round (WCR)			
	7	1st Heat 1	1st Heat 3	2nd Heat 2
	8	1st Heat 2	1st Heat 4	2nd Heat 1
Day 2	Second Chance Round			
	9	1st LCR Heat 5	2nd LCR Heat 6	3rd WCR Heat 7
	10	1st LCR Heat 6	2nd LCR Heat 5	3rd WCR Heat 8
	Semi Finals			
	11	1st WCR Heat 7	2nd WCR Heat 8	1st Heat 9
	12	1st WCR Heat 8	2nd WCR Heat 7	1st Heat 10
	Losers Final			
	13	3rd Semi Final 1	3rd Semi Final 2	4th Semi Final 1
	Final			
	14	1st Semi Final 1	1st Semi Final 2	2nd Semi Final 1

This Elimination System is adopted from Speedway Individual Competition; it is able to “repair” seeding errors and allows a second chance in the early rounds. Alternatively competition can be run in standard single or double elimination.

Straight Knock Out System from semi finals on, which could be broadcasted live due to short race duration.

Whole competition can be run on two days.

SAILING COURSE TIMES																						
Kiteboarding Men					SHORT TRACK COURSE																	
add app. 1 minutes FT for women																						
					Target Time		4 minutes															
Wind Range		5 - 7 Knots					8 - 10 Knots					11 - 14 Knots					15+ Knots					
Upwind Speed		10 mins/mile			Up Time (mins)	Down Time (mins)	8 mins/mile			Up Time (mins)	Down Time (mins)	7 mins/mile			Up Time (mins)	Down Time (mins)	6 mins/mile			Up Time (mins)	Down Time (mins)	
Downwind Speed		4,7 mins/mile					3,7 mins/mile					3,3 mins/mile					2,8 mins/mile					
Reach Speed		4 mins/mile					3,3 mins/mile					2 mins/mile					0,83 mins/mile					
Leg Length Nautical Miles	Leg Length Kilometers	1.5laps	2.5laps	3.5laps			1.5laps	2.5laps	3.5laps			1.5laps	2.5laps	3.5laps			1.5laps	2.5laps	3.5laps			
0,05	0,09	1,4	2,1	2,8	0,5	0,2	1,1	1,7	2,3	0,4	0,2	0,9	1,4	1,9	0,4	0,2	0,7	1,1	1,5	0,3	0,1	
0,08	0,15	2,2	3,4	4,5	0,8	0,4	1,8	2,7	3,6	0,6	0,3	1,4	2,2	3,1	0,6	0,3	1,1	1,8	2,5	0,5	0,2	
0,10	0,19	2,7	4,2	5,7	1,0	0,5	2,2	3,4	4,5	0,8	0,4	1,8	2,8	3,8	0,7	0,3	1,3	2,2	3,1	0,6	0,3	
0,13	0,24	3,6	5,5	7,4	1,3	0,6	2,9	4,4	5,9	1,0	0,5	2,3	3,6	5,0	0,9	0,4	1,7	2,9	4,0	0,8	0,4	
0,15	0,28	4,1	6,3	8,5	1,5	0,7	3,3	5,1	6,8	1,2	0,6	2,6	4,2	5,7	1,1	0,5	2,0	3,3	4,6	0,9	0,4	
0,18	0,33	4,9	7,6	10,2	1,8	0,8	4,0	6,1	8,2	1,4	0,7	3,2	5,0	6,9	1,3	0,6	2,4	4,0	5,6	1,1	0,5	
0,20	0,37	5,5	8,4	11,4	2,0	0,9	4,4	6,7	9,1	1,6	0,7	3,5	5,6	7,6	1,4	0,7	2,7	4,4	6,2	1,2	0,6	
0,23	0,43	6,3	9,7	13,1	2,3	1,1	5,1	7,8	10,4	1,8	0,9	4,0	6,4	8,8	1,6	0,8	3,0	5,1	7,1	1,4	0,6	
0,25	0,46	6,9	10,5	14,2	2,5	1,2	5,5	8,4	11,4	2,0	0,9	4,4	7,0	9,6	1,8	0,8	3,3	5,5	7,7	1,5	0,7	
0,28	0,52	7,7	11,8	15,9	2,8	1,3	6,2	9,4	12,7	2,2	1,0	4,9	7,8	10,7	2,0	0,9	3,7	6,2	8,6	1,7	0,8	
0,30	0,56	8,2	12,6	17,0	3,0	1,4	6,6	10,1	13,6	2,4	1,1	5,3	8,4	11,5	2,1	1,0	4,0	6,6	9,3	1,8	0,8	

Photo ©Nico Martinez



