



DOPING CONTROL

Before test, must validate with accreditation. Only accredited personnel may accompany athlete plus interpreter if required.

Toilet cubicle must be big enough for two persons.

No photographs allowed and mobile phones must be switched off in processing room.

If not satisfied with equipment may select another.

Sample must be first sample following notification.

If ph or specific gravity outside range may collect one additional sample.

Can eat or drink products of choice at notification.

Must report to doping control within 60 mins.

Can request delay for medal ceremony, media commitment, further competition, warm down, medical treatment, finding interpreter.

-Procedure for test:- Invite to wash hands

Select and check collection vessel ask for another one if not satisfied.

Athlete to retain control of vessel until sample sealed.

Must be stored in locked fridge (2-8 degrees C)

Blood Tests: Athlete must be seated and relaxed for 10 minutes, 2x3ml bottles taken.

Up to 3 attempts are allowed but no more.

Check all paperwork coincides with WHAT actually happens.

Athlete may indicate any recent medications or transfusions.

Remember to write down any deviation from normal procedure.